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Inflexxion, Inc. Receives Grant to Study Community College Efforts Dedicated to Student Substance Use Prevention

Journal of American College Health Published Inflexxion's Study, "A Survey of 100 Community Colleges on Student Substance Use, Programming, and Collaborations"

NEWTON, MA (July 14, 2011) – Inflexxion, Inc. creator of [MyStudentBody](#), the most comprehensive online alcohol and drug education program for college students, announces the publication of its study, "A Survey of 100 Community Colleges on Student Substance Use, Programming, and Collaborations" in the *Journal of American College Health*, Vol. 59, No. 6. In a study funded by the National Institute on Drug Abuse, researchers at Inflexxion surveyed 100 community college administrators, faculty and health services staff to understand the type of programs, collaborations and staffing and funding infrastructures community colleges are dedicating to student substance use prevention.

Survey participants reported a number of alcohol and other drug (AOD) related concerns on their campuses and reported that despite limited staff and funding, their institutions are implementing a number of prevention programs and collaborating with on- and off-campus groups. "There are excellent reasons for community colleges to attend to alcohol and drug issues in their students. Not only do many community college students experience many of the same negative alcohol and drug consequences seen in traditional four-year college students, but these issues may potentially detract from their engagement in and retention at college. For a population that is especially at risk of dropping out, all risk factors should be addressed," says Inflexxion's Emil Chiauzzi, Ph.D., Vice President of Product Strategy and the primary author of the study.

"Results from the survey also suggest community college health efforts geared at alcohol and drug prevention should receive more attention from key stakeholders," says Elizabeth Donovan, Ph.D., Research Scientist at Inflexxion and a co-author on the study. "We learned there is much need for increased collaboration among researchers, clinicians, state authorities and institutions of higher education."

With funding from the National Institute on Drug Abuse, Inflexxion is now developing an online community college student health program that can be used as part of student orientation or integrated into student academic classes. By implementing evidence-based substance abuse prevention strategies at community colleges, a growing public health concern can be more effectively addressed. However, more research is needed to understand how AOD prevention strategies can be most effectively targeted at the needs of community college students, who often struggle to balance academic, financial, and family responsibilities.

About MyStudentBody

Developed with over \$8 million in grant funding from the National Institutes of Health (NIH), [MyStudentBody](#) takes an evidence-based, comprehensive approach to the prevention of alcohol and drug abuse and sexual violence on college campuses. MyStudentBody offers distinct programs that empower students, parents and administrators to positively impact campus communities by educating and motivating students to make healthy decisions.

About Inflexxion, Inc.

Founded in 1989, [Inflexxion](#) leverages technology to improve public health. We create clinically validated tools and programs for critical areas of health care, including prevention and wellness education, addiction and pain treatment, and pharmaceutical

risk management. Key offerings include: NAVIPPRO, PainEDU.org, painACTION.com, SOAPP, and COMM. These innovative solutions help reduce health-related risks, enhance clinical outcomes, and positively impact the quality of care.

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